UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print of Type Responses)											
1. Name and Address of Reporting Person [*] STEINMAN LAWRENCE	2. Issuer Name and Ticker or Trading Symbol 180 Life Sciences Corp. [ATNF]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_Director10% Owner				
(Last) (First) 3000 EL CAMINO REAL, BLDG. 4	OT TITE OOO	3. Date of Earliest Transaction (Month/Day/Year) 12/08/2021					Officer (give title below)Oth	ner (specify belo	w)		
(Street) PALO ALTO, CA 94306		4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acquirate						uired, Disposed of, or Beneficially Owned			
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Ye		Execution Date, if	Code ((Instr. 8) (4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) Amount (A) or (D) Price		of (D)	Owned Following Reported		Beneficial Ownership	
Common Stock	12/09/2021		Р		5,000	А	\$ 4.27 (1)	602,574	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained SEC 1474 (9-02) in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.		5. Number		6. Date Exercisable and		7. Title and Amount		8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transact	tion	of Derivative		Expiration Date		of Underlying		Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code		Securities		(Month/Day/Year)		Securities		Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8))	Acquired (A)				(Instr. 3 and 4)		(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative					or Dispos	or Disposed				Owned	Security:	(Instr. 4)		
	Security					of (D)))					Following	Direct (D)		
						(Instr. 3, 4,					Reported	or Indirect			
						and 5)							Transaction(s)	(I)	
											Amount		(Instr. 4)	(Instr. 4)	
								Dete	Enviration		or				
								Date Exercisable	Expiration Date	Title	Number				
								Exercisable	Date		of				
				Code	V	(A)	(D)				Shares				
Stock															
Option										Common					
	\$ 3.95	12/08/2021		A ⁽²⁾		25,000		12/08/2021	12/08/2031	Common Stock	25,000	\$ 0	25,000	D	
(Right										SIOCK					
to Buy)															

Reporting Owners

ſ		Relationships					
	Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
	STEINMAN LAWRENCE 3000 EL CAMINO REAL, BLDG. 4, SUITE 200 PALO ALTO, CA 94306	Х					

Signatures

/s/ Lawrence Steinman, M.D.	12/10/2021
**Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

This transaction was executed in multiple trades at prices ranging from \$4.24 to \$4.28. The price reported above reflects the weighted average sales price. The Reporting Person hereby

- (1) undertakes to provide upon request to the Securities and Exchange Commission staff, the Issuer or a security holder of the Issuer, full information regarding the number of shares and prices at which the transaction was effected.
- (2) Granted to the Reporting Person pursuant to the Issuer's 2020 Omnibus Incentive Plan in consideration for services to be rendered. Exempt from Section 16(b) of the Securities Exchange Act of 1934 under Rule 16b-3.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.