# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Typ	e Responses	)																					
Name and Address of Reporting Person * McGovern Jr. Donald A.					2. Issuer Name and Ticker or Trading Symbol 180 Life Sciences Corp. [ATNF]								- 1	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner									
3000 EL CAMINO REAL, BLDG. 4,, SUITE 200				3. Date of Earliest Transaction (Month/Day/Year) 05/19/2022								-	(	Officer (give ti	tle below)		r (specify belo	w)					
(Street) PALO ALTO, CA 94306					4. If Amendment, Date Original Filed(Month/Day/Year)									6. Individual or Joint/Group Filing(Check Applicable Line)  _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person									
(City		(State)	(Zip)	Table I - Non-Derivative Securities Acquir																			
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Yea						3. Transaction Code (Instr. 8)		4. S (A) (Ins	A) or Disposed of Instr. 3, 4 and 5)		red 5. Amount of S		nount of Se ed Followin saction(s)	Securities Beneficially		6.	7. Nature of Indirect Beneficial Ownership (Instr. 4)						
Common	Stock		05/19/2022				A				409 A	\$	1 36	50,5	87			D					
1. Title of 2. 3. Transaction 3A. Deemed				I - Derivative Securitie (e.g., puts, calls, war 4. 5. Number Transaction Derivative Code Securities			Person this fo curren s Acquired, Disp trants, options, corr of 6. Date Exe Expiration (Month/Dated of			rsons of standard sta	n are not required ty valid OMB controlsed of, or Beneficially exertible securities)  bisable and ate of Utyear)  7. Tiestof to the securities of the securi		ired to ontrol ricially Oies)  7. Title of Und Securit	Owned  le and Amount derlying Derivatisities    Security   Derivation   Derivation		8. Price of	of 9. Number of Derivative Securities Beneficially Owned Following Reported	of 10. Ownersh Form of Derivativ Security: Direct (I or Indire	Beneficive Owner (Instr. 4				
				Code	V (A) (D) Date Exercisable Expiration Date Date Title Number of Shares		or Number	Transaci (Instr. 4)		(S) (I) (Instr. 4	4)												
Non- Qualified Stock Option (right to buy)	\$ 1.36	05/19/2022		A <sup>(2)</sup>		15,000			(3)		(3)		(3)		05/19/2	2032	Comm		15,000	\$ 0 (2)	15,000	D	
Non- Qualified Stock Option (right to buy)	\$ 1.36	05/19/2022		A <sup>(4)</sup>		134,121	l	05/19/202		05/19/2022		:032	Comr		134,121	\$ 0 (4)	134,121	D					

## **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
McGovern Jr. Donald A. 3000 EL CAMINO REAL, BLDG. 4, SUITE 200 PALO ALTO, CA 94306	X						

## **Signatures**

/s/ Donald A. McGovern, Jr.	05/23/2022
**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Issued in consideration for serving on the Board of Directors, as Lead Director, Chairman of the Audit Committee, and as a Member of the Compensation Committee and of the Risk, Safety and Regulatory Committee of the Board of Directors, for the quarter ended March 31, 2022. Granted under the registrant's 2020 Omnibus Incentive Plan. Exempt pursuant to Rule 16b-3.
- (2) Granted in consideration for services rendered and to be rendered as a member of the Board of Directors. Granted under the registrant's 2020 Omnibus Incentive Plan. Exempt pursuant to Rule 16b-3.
- (3) The Options vest at the rate of 1/39th of such options ratably on a monthly basis over the following 39 months following the grant date, on the last day of each calendar month (beginning on May 31, 2022), subject to the holder's continued service to the Company.
- (4) Granted in consideration for serving as Lead Director of the Company during 2021 and 2022 (to date). Granted under the registrant's 2020 Omnibus Incentive Plan. Exempt pursuant to Rule 16b-3.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.