FORM 4	ŀ
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)												
1. Name and Address of Reporting Person [*] McGovern Jr. Donald A.	2. Issuer Name and Ticker or Trading Symbol 180 Life Sciences Corp. [ATNF]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) XDirector10% Owner					
(Last) (First) 3000 EL CAMINO REAL, BLDG. 4	A CLUTTE AGO	3. Date of Earliest Transaction (Month/Day/Year) 08/04/2021						Officer (give title below)Ot	her (specify belo	ow)		
(Street) PALO ALTO, CA 94306		4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
Title of Security astr. 3) 2. Transaction Date (Month/Day/Yea		Execution Date, if	on Date, if Code (Instr. 8)			ties Acc isposed 4 and 5 (A) or (D)	of (D)	Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership		
Common Stock	08/04/2021		A ⁽¹⁾		5,125	А	\$ 7.56 (1)	7,628	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained SEC 1474 (9-02) in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	(e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	Conversion	Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	tion)	5. Number of Derivative Securities		(Month/Day	Date /Year)	7. Title and Amount of Underlying Securities		Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect (I)	Beneficial Ownership (Instr. 4)
				Code	v	(A)		Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Non- Qualified Stock Option (right to buy)	\$ 7.56	08/04/2021		A ⁽²⁾		60,000		<u>(3)</u>	08/04/2031	Common Stock	60,000	\$ 0 ⁽²⁾	60,000	D	

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
McGovern Jr. Donald A. 3000 EL CAMINO REAL, BLDG. 4, SUITE 200 PALO ALTO, CA 94306	Х						

Signatures

/s/ Don McGovern	08/05/2021	
Signature of Reporting Person	Date	

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Issued in consideration for serving on the Board of Directors, as Chairman of the Audit and Compensation Committee of the Board of Directors, and as a member of the Nominating and (1) Corporate Governance Committee of the Board of Directors, for the quarters ended March 31, 2021 and June 30, 2021. Granted under the registrant's 2020 Omnibus Incentive Plan. Exempt from Section 16(b) pursuant to Rule 16b-3.

- (2) Granted in consideration for services rendered and to be rendered as a member of the Board of Directors. Granted under the registrant's 2020 Omnibus Incentive Plan. Exempt from Section 16(b) of the Securities Exchange Act of 1934 pursuant to Rule 16b-3 promulgated under the Exchange Act.
- (3) The Options vest at the rate of 1/48th of such options ratably on a monthly basis over the following 48 months following the grant date, on the last day of each calendar month (beginning on August 31, 2021), subject to the holder's continued service to the Company.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.